# **A**gricultural **S**cience **C**enter of **E**xcellence for **N**utrition and **D**iet (ASCEND)

# **ASCEND For Better Health**

# Table Host Information

* **Goal of the Event:** To provide a safe space for community members to share their thoughts and experiences on food, nutrition, and health in their community.
* **Large Wall Posters – 3 Questions**
  + After registering, ask participants to find wall poster and address our “ice breaker” question (#1):
    1. What is food? (Essentially food means what to me? E.g., family, gatherings, nutrition, energy)
* During breaktime, address these posters:
  + 1. What would encourage or discourage you from participating in a health study?
    2. What’s a piece of traditional knowledge or health wisdom passed down in your family?
* Encourage them to answer the questions.
* Assist with writing, if needed. Write these on a Post-It notes and put their responses on the wall paper.
* **Table Host – 1 Per Table** 
  + Provides community members the context to the task at hand and summarizes discussion on template.
  + Please write legibly.
  + Completed templates will be turned in/collected after each round.
* **Guidelines**
  + IRB / Data Protection
    - A PowerPoint slide will come up titled “Consent to Participate.”
      * If a participant does not agree to have their answers recorded, you must not record their responses on the template.
      * However, they can and should still be allowed to participate in conversation.
  + Ask probing questions; use open ended language.
    - Make sure everyone is sharing their perspective.
  + Summarize for clarity:
    - *Is this correct? Is this what you are saying?*
  + Encourage participants to contribute to other activities at the event:
    - Share Fair
    - Posters
    - Story Booth
* **Participant Stipend Card Management**
  + At the beginning of event, you will be given a sheet of paper with your designated Table #.
  + Print legibly who is at your table – Community participants ONLY! Participants can print their names or table host can do it on their behalf.
  + This info will be used to disperse gift cards to community participants at end of event. Community participants must stay for full event to receive gift card stipend.
* **Share Your Personal Story (Story Booth)**
  + Encourage participants to go to the Story Booth room to share their personal story on food/nutrition/health.
  + During Dr. Jacobs-Young's personal story, we will show some example videos of other community members that have shared their personal stories.